| | Marvellously Easy Miso Dressing |
|--|-------------------------------------|
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| © 2021 Lorna Health. All Rights Reserved. Repro- | duction in whole or in part without |

| | | Marvellously Ea | sy Miso Dressing |
|---------------------|-----------------------|-------------------------|------------------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| © 2021 Larra Harlin | All Diabte December 1 | Reproduction in whole o | on in northwell |



Ingredients

- 2 Tbsp (30 mL) miso paste
- 2 tsp (10 mL) dried onions
- 2 Tbsp (30 mL) organic apple cider vinegar
- 1 Tbsp (15 mL) manuka honey
- 1/4 cup (60 mL) olive oil
- ½ cup (125 mL) water
- Optional: A handful of sesame seeds, or freshly grated ginger to taste.

Instructions

Combine all ingredients and serve over salad of your choice. Refrigerate leftover dressing for up to 2 weeks.

Makes about 1 cup (250 mL).

Easy-to-Use Grated Ginger

Here is a quick tip for using ginger. Buy ginger, wash it, dry it, then store in the freezer in a resealable bag. Grate it straight from the freezer as needed. It will not go bad.